



ATHANASIA PANOPOULOU

Actress

PERSONAL PROFILE

I'm a professional actress working in theatre, film, and TV. Trained in classical and contemporary acting.

CHARACTERISTICS

Nationality: Greek
Hair: Dark brown
Eyes: Dark brown
Height: 5'6" / 168 cm

CONTACT DETAILS

Athens, Greece
Email: athanasia.panopoulou@yahoo.com
Mobile: +306974829323

EDUCATION

Arhi Drama School

ACTING DIPLOMA, 2023

Training in classical and contemporary theatre, on-camera acting, dance and singing.

BA Cultural Management

PANTEION UNIVERSITY, 2019 / Honors degree: 8,62

Thesis: "The question of responsibility and free will in William Shakespeare's tragedy Macbeth."

EXPERIENCE

• SHORT FILMS

Year	Production	Role	Director
2025	To Telos	Ariadne / Supporting Lead	Giannis Dallas
2025	Misirlou Blues	Sinis / Guest role	Dimitris Liakos
2024	Jaima	Maenad / Supporting Lead	Valisia Gletsou

• TELEVISION

Year	Production	Role	Director/Company/Episode
2025	Giati re patera?	Barola / Recurring role	John Papadakos/Argonauts A.E., Ep.18 & 19
2025	To spiti dipla sto potami	Nurse / Guest role	Mihalis Roubis/Foss Productions, Ep.17
2024	The Beach 2	Secretary / Recurring role	Stefanos Blatsos/Foss Productions, Ep. 4 & 32
2024	Diafani Agapi	Nurse / Guest role	Spyros Rasidakis/Primavisione, Ep. 12
2024	Agios Paisios: Apo ta Farasa ston ourano	Panteli's Wife / Guest role	Stamos Tsamis/Green Olive Films, Ep. 3

• THEATRE

Year	Production	Role	Director/Theatre
2025	A Stranger	Marie Cardona Supporting Lead	Leonidas Mikropoulos / Fournos theatre based on the novel of Albert Camus
2024	Red Riding Hood 2.0	Red Riding Hood Lead	Athanasia Panopoulou, Niki Fragkeli/ Rektifie - Fabrica Athens
2024	As the world caves in	Valeria Lead	Athanasia Panopoulou / Paramythia's theatre
2024	My Degree Show	Journalist/Sailor Moon Supporting Lead	Thanos Papadogiannis / National Theatre of Greece, School – Irini Papa

SEMINARS

One Minute Monologue with Casting Directors Kirjiana Nikoloska, Lina Friberg & Hermina Fatyol, 2025
Acting seminar | Instr: Aris Biniaris, 2023
Acting Lessons by Ektoras Lygizos, 2020
Acting Workshop | Instr: Dimitris Lalos, 2019 - 2020
Acting Workshop | Instr: Natalia Stylianou, Nikos Gialelis, Orestis Tatsis, Polina Kremasta, Semina Panigiropoulou, 2019 - 2020
Acting Workshop | Instr: Haris Fragkoulis, 2019
Acting Workshop | Instr: Dimitra Nikolopoulou, 2015 - 2016
Singing lessons by Vicky Kapetanopoulou, 2024 - 2025

SPECIAL SKILLS

Languages: Greek (native), English (fluent), French (B2)
Dialects: American, British
Singing: Soprano - musical theater, pop, rock.
Dancing: Contemporary, contact improvisation/duet acrobatics, traditional Greek folk dance (Kalamatiano, hasaposerviko, ikariotikos,etc.)
Action/fight training: Kick boxing, stage combat, fencing
Sports: Volleyball, swimming, cycling
Driver's licence: IX