



VALENTINE ALLEN

ACTRESS
DIRECTOR
WRITER



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PARIS (18)



Driving licence

ABOUT ME

Im a highly motivated French actress and stage director with a dancing and singing skills. I am both fluent in French and English. I love working with passionate and sensitive artists and technicians.

TRAINING

- Mime and Mask – Compagnie Hippocampe (Paris, Théâtre de la Terre), 2022–2025
- Workshop with Valérie Dréville, Agnès Adam & Philippe Cotten – Analysis through Action (Vassiliev), Théâtre de l'Atalante, 2024
- Clown Workshop – Michaël Egard, Le Samovar, Bagnolet, 2024
- Sound Creation Training – Collectif Transmission, Aubervilliers
- Acting Coaching (in English) – Jo Kelly (To Be or Not To Act international network), 2023
- Studio JLMB (Jean-Louis Martin-Barbaz) – Acting, Mask, Puppetry, Professional training (2020–2022)
- Teachers included: Jade Herbulot, Sylvain Levitte, Léonie Simaga, Anne Barbot, Jonathan Heckel, Patrick Simon, etc.
- Workshop with Yves Marc (Théâtre du Mouvement) – Multidisciplinary, Montreuil, 2021
- Hip Hop Dance Training – Compagnie Medhia, Plateaux Sauvages, Paris, 2020–2025

DIRECTING CREDITS

- Branches d'Olivier – Collective writing with adult amateurs (Paris Anim Victor Gelez, 2025)
- Night Tour – Collective writing in English with pre-professional students, Studio Muller (Théâtre Pixel, 2025)
- Peter Pan – Collective creation from the original text with neurodiverse teenagers (Paris Anim Victor Gelez & École Walt, 2025)
- La Réunion – Author, Director & Performer (Festival Traits d'Union, Théâtre El Dénude, Manufacture des Abbesses, Theatricul, 2024–2025)
- The Ostrich Egg – Collective writing in English with pre-professional students, Studio Muller (Comédie Nation, 2024)
- Rondeurs – Author & Director (Comédie Nation, 2023)
- Theatre workshop leader at Alastor Education – school for neurodiverse youth (2023–2025)

STAGE EXPERIENCE (ACTRESS)

- Tristesse. Animal Noir. – Role: Jennifer – Physical theatre, mask & puppetry (dir. Astrid Saule, Cie Les Ours de Laine, in creation)
- Passerelle (Il faudra que tu m'aimes...) – Lead role (Dérangé Principal) (dir. Alexandra Cismondi, Théâtre Paris Villette & schools, 2024)
- Fête Ensemble – Roles: Emilie (Mayor) & Béa (Baker) – Site-specific theatre with local communities (dir. Robin Le Priol, Collectif Le Bruit qui Court, Brittany tour 2023–2024)
- Passerelle (78.2) – Role: Police Officer (dir. Bryan Polach, Théâtre Paris Villette & schools, 2023)
- The Comedy of Errors – Role: Emilia (dir. Stéphane Douret, Shakespeare Festival Vincennes, 2023)
- Twelve Indians – Role: Juror (Nick Martin, dir. Stéphane Douret, Espace Sorano Vincennes, 2022)
- Ketchup-Symbio – Role: Macbeth (collective creation, dir. Jonathan Heckel, Théâtre Belleville, 2022)
- Uncle Vanya – Roles: Astrov & Elena (dir. Sylvain Léville, Théâtre du Hublot, 2022)
- Bintou (Reading) – Role: Chorus (dir. Patrick Simon, Lavoisier Moderne Parisien, 2022)
- Cadavres Exquis – Roles: Oreste & Nova (Pasolini, Koltès – dir. Anne-Élodie Sorlin & Clara Chabadier, Théâtre de l'Echangeur, 2021)
- Traversées – Roles: Antiochus, Harpagon, FN Activist (dir. Léonie Simaga, Théâtre Belleville, 2021)
- Pastorales – Role: Radical Activist (collective creation, dir. Anne Barbot, Théâtre Belleville, 2020)

SHORT FILMS

- The Contest – Jury 4 (dir. Nadzeya Mikhalkchenkova, 2022)
- Le Vin Corse – Role: Victoria (dir. Esteban Baudouin, 2022)
- In Utero - Role : Julia (dir. Lisa Davidse, 2024)

VOICE WORK

- Les Oubliés de la Couronne – Voice Over (MP, activist, volunteer, young mother), Enquête Exclusive M6, dir. Grégoire Lamarche

SINGING

- Coucou, Bonjour – Singer, synthesiser, electronic music (duo with Thomas Bizien)
- Par le train de 17h22 – Actress & singing (English) – Musical theatre (dir. David Eguren & Flora Chéreau, Théâtre du Hublot, 2022)

OTHER PROFESSIONAL EXPERIENCE

- Certified English Teacher (Académie de Nantes, Ireland, Scotland, French Guiana), 2012–2018

SKILLS

- Acting in English (also teaching experience)
- Puppetry – Object Theatre – Mask
- Classical Verse / Alexandrine technique
- Physical Theatre / Movement Theatre
- Parkour & basic stunt training (member of Onde2choc)
- Dance: Street, Afro-Jazz, Hip Hop, Contemporary
- Reading & Dramaturgy
- Sound editing & mixing