## ANNA MARIA DABROWSKA



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## 6TH IDOCDE SYMPOSIUM ON CONTEMPORARY DANCE EDUCATION AT "IMPULSTANZ" 2018

## Dear Sirs,

I am an action-focused theatre practitioner with broad experience in dance, body-mind oriented academic approaches and environment-specific performance.

For recent 16 years, I work in 'Gardzienice' European Centre for Theatre Practices as performer and movement training leader with native and international groups of students and professionals.

Initially I was employed as an archivist.

Trainings include: morning outdoor practise with elements of acrobatics, mutuality and cheironomia sessions and group night running. After years of embodying the company's techniques, I have a chance to use and develop physical theatre principles basing on mutuality, musicality of body, collaborative creativity in motion and actions related to peculiarity of natural environment.

Beside my main field of work, I facilitate temporary local dance/theatre education projects and co-create (coaching or choreography) amateur performances.

My current stage of artistic development is searching for language to embrace the above mentioned experience and tutorial competences. And develop both — practice of the beyond conventions dance and performance, and the ongoing documentational action.

I find the IDOCDE Symposium an extremely accurate opportunity to focus on those aims and to share essence of my facilitating practise in supportive, collaborative arrangement.

My formal education includes MA in Health Psychology and 3 postgraduate certifications: "Gardzienice' Academy for Theatre Practices; Cultural Diplomacy; Relaxation and Yoga.

I confirm readiness to meet all requirements, including participation in residency and the MTD HAMBURG Lab.

Looking forward for Your kind response,

Yours faithfully

Anna Maria Dąbrowska